

2015 Idaho School Counselor Association (ISCA) Conference Schedule
“Making Connections: It’s All About Relationships”
West Ada Training Center, 1303 East Central Drive, Meridian, ID 83642

Thursday, October 1st

7:30 Registration/Breakfast

7:50 Welcome/Housekeeping Items

8:00 Katie Bubak – Keynote Speaker. "Positive Behavioral Interventions & Supports (PBIS): A Framework for Positive Relationships"

9:30 Break

9:45 Breakout #1

11:00 Lunch on your own

12:30 Breakout #2

1:45 Break

2:00 Breakout #3

3:15 Conference Concludes for the day

Friday, October 2nd

7:30 Breakfast

8:00 Welcome/Foster Cline – Keynote Speaker. “Piloting for 30 Years on Interesting Seas with Relation Ships: Submarines, Trawlers, Battleships and Loveboats!”

9:30 Break

9:45 Breakout #4

11:00 Awards Luncheon

12:30 Breakout #5

1:45 Break

2:00 Breakout #6

3:15 Conference Concludes for 2015

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Keynote Speakers

Katie Bubak, Thursday, October 1st, 8:00 A.M.



Katie has worked in education for more than ten years, holding a variety of positions such as a classroom teacher, instructional coach, professional development facilitator, and consultant. She received her BA and MA degrees from the College of Idaho, and a Doctor of Education in Instruction and Curriculum from Boise State University.

Katie is an Idaho native and comes from a long lineage of educators. Her focus is to promote learning environments through academic and behavioral strategies that increase the learning and achievement of all students.

Katie serves as the Director of the Idaho Positive Behavior Network at BSU's Center for School Improvement and Policy Studies (CSI&PS). Katie helps assist districts and schools in increasing their capacity to provide an integrated systemic approach for meeting the needs of all learners, while utilizing their resources in the most effective and efficient ways.

Dr. Foster Cline, Friday, October 2nd, 8:00 A.M.



Dr. Foster W. Cline is an internationally renowned child and adult psychiatrist, as well as the co-author of *Parenting With Love and Logic*. His love of children and passion for changing lives give him a unique sense of clarity as he turns to difficult and often confusing child development concepts into straight talk and answers for adults. He has served as a consultant to school systems, pupil personnel teams, and hospitals around the world.

He is a specialist in attachment and bonding in children, the gifted and talented child, parenting and child management, classroom behavior management, and communication systems and patterns. He has also authored or co-authored over a dozen books.

Dr. Foster W. Cline also is a grandparent, as well as the father of three biological children, one adopted child, and several foster children.

Breakout Sessions

Thursday, October 1st: Breakout Session #1, 9:45 – 11:00

Stillwater Room: “Supporting lasting change through legislative connections.”

Have you wanted to make a lasting impact on the profession of school counseling? Have you wondered how to influence local and national policy? This workshop will help attendees find information and learn best practices for contacting legislators and advocating.

Lori Lodge is a Marriage and Family Therapist, a Boise State University Counselor Education Program Adjunct Instructor and supervisor, and has been in private practice for seven years. She has extensive experience in school counseling and college and career services. **Jenni Kimball** is a College/Career Counselor at Columbia High School in Nampa. She previously worked at Eagle Academy and for the TRiO Upward Bound Program. **Angela Robinson** is an Adjunct Professor in the Counseling and Education Departments at BSU. Her work in Tucson, AZ with Dr. J. Bowers, co-author of the ASCA Model, has provided her with expert insight into ASCA.

Clearwater Room: “Collaborating to Create A Multiculturally Competent School: Ethical Considerations for School Counselors.”

As we move into an era of increasing diversity, creating multiculturally-sensitive school counseling programs has become an ethical imperative. We will review the latest ethical codes, identify multicultural issues in schools, and share ideas on incorporating multicultural work into programs.

Kristen Lister, M.Coun., LPC, NCC is a licensed professional counselor and third year doctoral student in counselor education at Idaho State University. She has worked in mental health and school settings and has had experiences teaching and presenting on multicultural issues in counseling. **Tamara Tribitt**, M.Ed., graduated from Montana State University with a Masters of Education in School Counseling. Tamara worked for 10 years as a school counselor at all levels K-12.

Payette Room: “Beyond Tolerance: Assessing and Advocating for LGBTQ Youth.”

School counselors can make a positive and profound difference for LGBTQ youth through advocacy. Join us in promoting awareness of gender identity and gender expression, examining policies regarding inclusivity and safety, suicide prevention, resources, and college admission issues.

David Chehey is a counselor at Boise High School and has previously been named counselor of the year for Idaho and the CollegeBoard’s Western Region. He has presented at conferences

locally and nationally on topics such as at-risk youth, college advising, AP coordination and mindfulness. **Jennifer Gess** works with LGBTQ children, youth, and families as a counselor in private practice in Boise, Idaho. Jennifer is also founding the Idaho Association of LGBT Issues in Counseling division. **Jill Stewart** taught English for 10 years in an alternative high school working with at-risk youth before becoming a school counselor. She also has a small private practice where she works with adolescents and adults.

Lochsa Room: “Community Building Activities to Build Relationships and Stop Bullying.”

In this experiential workshop, participants will receive hands-on materials and lessons to use. We will be covering the subject of physical, verbal, relational, and cyber bullying and demonstrate various interactive ways to teach this. We will also cover community-building activities that help kids get to know one another and stop the bullying.

Jan Hughes is the mother of seven children and has been an elementary school counselor in Bonneville School District for the past 13 years. She also teaches classes in the district for parents and teachers.

Salmon Room: “Advanced Opportunities in Idaho.”

Advanced Opportunities provide state aid for students to accelerate through their K-12 education and provide support to earn college credit in high school. There four different programs available at that state level that are ideal for students who are looking for creative options. New to Idaho, these programs allow students to individualize their own pathway to college and potentially graduate high-school with an associate’s degree.

Tina Polishchuk has been an elementary and junior high teacher and an instructional coach. She is currently working for the State Department of Education as the Coordinator of Advanced Opportunities. **Matt McCarter** moved to Boise in 2002 to manage the City of Boise’s Healthy Community* Healthy Youth Initiative in the Mayor’s office. He currently serves as the Director of Student Engagement, Career & Technical Readiness Division at the Idaho State Department of Education.

Computer Lab: “Internet Crimes Against Children.”

The Idaho Internet Crimes Against Children (ICAC) Task Force is a statewide coalition of local, state and federal law enforcement and prosecution agencies, focused on apprehending and prosecuting individuals who use the Internet to criminally exploit children. Internet crimes against children are, primarily, crimes of sexual exploitation of children. These crimes include distribution of child pornography and using the Internet to target children for sexual abuse.

Terry Phillips has a Bachelor's of Arts in Criminal Justice from Boise State University, an intermediate certificate from the Idaho Peace Officer Standards and Training Academy and over 1400 hours of law enforcement training, including over 400 hours of training related to Internet Crimes Against Children. **Jason Pietrzak** is the co-presenter.

Auditorium: "PBIS: Bully Prevention."

Preventing and decreasing such specific and insidious behavior as bullying requires a systemic approach involving all staff, all students, as well as family/community. A schoolwide system of PBIS, with its whole school focus on social climate and behavior change, offers a framework for effectively installing a bullying prevention process.

Katie Bubak's bio appears above in the keynote speakers section.

Thursday, October 1st : Breakout Session #2, 12:30 – 1:45

Stillwater Room: "Making Connections with IDYCA."

In this presentation, participants will gain an overview of the Idaho Youth ChalleNGe Academy and its positive relationship to local high schools and families. First year program results will be reviewed and counselors will gain a better understanding of mentorship during both program phases.

Bicker Therien is the principal of the IDYCA and has 31 years of education experience, including 20 as an administrator. He has worked in traditional and alternative schools, and most recently spent six years as the principal of New Plymouth High School before starting at IDYCA. Co-presenters are **Harv Nelson** and **Mario Pile**.

Clearwater Room: "Next Steps Idaho."

College and career resources from the Idaho State Board of Education will be presented. In addition, information will be provided regarding the Educate Idaho Network. This is a statewide partnership network promoting college and career resources statewide.

Byron Yankey is a retired Elementary Administrator and educator. He is currently the Program Manager for the College Access Challenge Grant administered by the Idaho State Board of Education.

Payette Room: "The Virtual Path to College and Career Readiness."

Idaho Digital Learning Academy (IDLA) is working to ensure students of all ages have access to quality education, after school programs, and opportunities throughout the state. During this

session we will share information on each of our programs, how these programs inter-relate and the accessibility. Additionally, different opportunities for students state-wide will be highlighted to provide additional supports for the college and career ready track.

Sherawn Reberry is currently the Director of Education Programs and also the on-line principal at Idaho Digital Learning Academy. She has experience as a building level principal and assistant superintendent for a district serving over 5,000 students. **Jeff Simmons** is the Instructional Manager for Idaho Digital Learning. Jeff has served as a teacher and administrator in the field of online learning since 2002. Prior to working full-time at IDLA, Jeff taught at two different alternative high schools.

Lochsa Room: "ASCA and You: Getting Involved."

This session will outline ways in which school counselors can get involved with their professional association, both at the state level and the national level. Come prepared to actually get involved by participating in a discussion about ASCA's Code of Ethics and providing feedback and ideas about some new sections of the Code.

Jennifer Tachell has been an elementary school counselor for 14 years, 11 of those at Whitney Elementary in Boise. She is currently the President of ISCA and Vice Chair of the Governor's Task Force on Children At Risk. She is a Love and Logic facilitator and teaches parent and educator classes.

Salmon Room: "Power of Play Part 1."

This workshop introduces the importance of play and lays the foundation for creating a safe and healthy environment for youth. It includes a discussion of the various barriers youth may face and ways to help overcome them. Through this presentation, participants will leave knowing at least three games to play with students.

Ellen Pierce is the Program Manager for Playworks Colorado. She has been working with youth since the age of 15. In 2012, Ellen was hired as a Program Coordinator at the Phineas Bates Elementary School in Boston, MA where she became dedicated to the Playworks mission.

Computer Lab: "Techy Tools for Your School Counseling Program."

Our students and families are the most connected generation in history...is your School Counseling Program connecting through Technology? School Counseling Programs have multiple goals--supporting and fostering positive personal, social, academic, and career development-- they need a variety of resources at their disposal. Attend this session and gain ideas and ready-to-use tech-tools to add your toolbox!

Wendi Ellis-Clark has been a school counselor for 19 years and currently works in the Boise School District as an elementary counselor. She is a former ASCA National Counselor of the Year. She also teaches for NNU in the M.Ed School Counseling Program.

Thursday, October 1st : Breakout Session #3, 2:00 – 3:15

Stillwater Room: “PTE Advanced Opportunities and Idaho Skillstack.”

In this session, attendees will learn more about the changes to PTE Advanced Opportunities and how changes to the Division of PTE are looking at micro-certifications or digital badges as part of a larger system to help students and adults make connections to career and post-secondary options.

Adrian San Miguel is the Career Guidance and Transition Coordinator for the Division of Professional-Technical Education, overseeing programs that target nontraditional student and special populations as well transition from secondary to post secondary professional-technical programs. **Wendi Secrist** comes with years of experience in government, education, and private business. She is the point person in coordinating external business outreach efforts with the departments of Commerce and Labor as well as serving as the project lead to develop and implement a system of digital badges.

Clearwater Room: “Site Supervision in a School Setting: Ethical Implications and Other Considerations for School Counselors.”

Fostering an ethical working alliance with school counseling supervisees is imperative for site supervisors. This presentation will cover the qualifications, and ethical standards related to supervision, and discuss benefits and challenges of being a site supervisor in a school.

Kristen Lister, M.Coun., LPC, NCC is a licensed professional counselor and third year doctoral student in counselor education at Idaho State University. She has worked in mental health and school settings and has had experiences teaching and presenting on multicultural issues in counseling. **Tamara Tribitt**, M.Ed., graduated from Montana State University with a Masters of Education in School Counseling. Tamara worked for 10 years as a school counselor at all levels K-12.

Payette Room: “Preparing Underserved Populations for Entry Into Postsecondary Education.”

First-generation, limited-income students face a unique set of challenges in regards to accessing higher education. This session will focus on the importance of building relationships with students, educators, and the community to meet the needs of this population.

Jenni Kimball is a College/Career Counselor at Columbia High School in Nampa. She previously worked at Eagle Academy and for the TRiO Upward Bound Program. **Joshua Engler** is in his sixth year as Educational Specialist for the Boise State University TRIO Upward Bound Program. Joshua is a Licensed Master Social Worker with an endorsement in school social work.

Lochsa Room: “Keeping Your Friends and Academic Wits with ADHD.”

In this session, participants will learn about the most contemporary treatment research on ADHD, with an emphasis on social skills and improving core attention problems. Counselors will learn which treatments have been tentatively debunked and which are showing promising signs in initial research. Counselors can gain accurate information to better guide parents toward effective treatment options.

Dr. Stephen Hill has served as a psychologist in private practice for over 15 years. He specializes in restoring respectful communication in marriages and families, eliminating anxiety and depression, and guiding adults and children in adjusting to divorce. Dr. Hill accurately diagnoses and treats ADHD, teaches effective parenting, and is careful to coordinate care with school staff and the family physician.

Salmon Room: “Power of Play Part 2.”

Session description and **Ellen Pierce** bio listed above.

Friday, October 2nd : Breakout Session #4, 9:45 – 11:00

Stillwater Room: “Integrating Art Therapy Within Guidance, Group and Individual Settings.”

The benefits and purpose of art therapy will be presented. Participants will learn several art therapy prompts to be used within their school counseling program through instruction, experiential participation, and group processing. Each prompt presented will include examples of actual client art.

Rhyan Garcia has served children and their families for the past 15 years. Rhyan has worked as an early childhood education teacher, child life specialist in a hospital setting, domestic violence advocate, and family services specialist for the Department of Health & Welfare. She owns her own counseling center in Boise that specializes in treating children and teens through play therapy, sand tray therapy, and art therapy.

Clearwater Room: “Reading the Tells: Learning How to Read Body Language.”

Reading the Tells is a powerful training that offers strategies for using non-verbal communication for the highest impact. Become a highly respected and successful communicator! Whether you are a teacher, counselor, principal, or supervisor, the degree of career success you enjoy is dictated by your skills in communicating with others.

Jerry Balistreri is a professional educator, administrator, trainer and author. He has 25 years experience in public education, 10 years experience in training and has also been a university

department chair. He has been training, researching, writing, and speaking on non-verbal communication for over 30 years.

Payette Room: “Buckets of Success.”

This session gives an upbeat approach to shining a light on the very best in your students, staff, parents as well as YOURSELF! Learn how to “fill people up” in everyday conversations and create a climate that has higher rates of success, productivity and positivism.

Brooke Winston has been an elementary school teacher and an elementary and high school counselor. Brooke has presented at the collegiate, state, as well as at the national level. She is currently a LPC for Ivory Case Management in Nampa, Idaho.

Lochsa Room: “504: What Do I Need to Know.”

This session will provide an overview of Section 504 of the Rehabilitation Act of 1973. Participants will learn how Section 504 applies to their schools and interacts with other similar federal laws as well as how to identify students with qualifying disabilities.

Annie Kerrick is the Director of Title IX/ADA/504 Compliance at Boise State University. Kerrick coordinates university compliance with state and federal laws regarding gender and disability-based discrimination. Prior to beginning at Boise State in 2013, Kerrick was a staff attorney at the Idaho Coalition Against Sexual & Domestic Violence. **Lisa Kramer** is the School Health Coordinator for the Idaho State Department of Education.

Salmon Room: “Direct Admissions Initiative.”

Learn about the details of the Direct Admissions Initiative, what counselors can expect to see in the coming weeks, and how this can potentially become a “game-changer” for Idaho students.

Carson Howell is an Idaho native who is the Director of Research at the Office of the State Board of Education. He has worked for the Arizona legislature, the Utah Governor’s office and the Utah System of Higher Education.

Auditorium: “Relationship Skills to Reach Resistant Adolescents and Their Unhappy Parents.”

Foster Cline’s bio appears above in the keynote speakers section.

Friday, October 2nd : Breakout Session #5, 12:30 – 1:45

Stillwater Room: “Simple Ways to Promote Mindfulness in the Classroom.”

In this session, the presenters will share the simple steps they have taken to help their students and staff become more mindful. By incorporating “brain breaks” or mindful breathing into their daily routine, the school observed benefits without having to utilize an expensive or time consuming program.

Jodi Hickenlooper has been a teacher, coach and school counselor in the Treasure Valley. In 2013 she completed a graduate certificate program in Sports Counseling. She has her own private practice office in Boise. **Anita Wilson** is the principal at Caldwell High School. She has worked as a school counselor and assistant principal in the Caldwell School District before becoming principal. **Mel Henseman** has been a teacher in the Caldwell School District for 20 years at various levels. She uses mindfulness as a transition piece when she needs students to refocus or to change the pace of the lesson.

Clearwater Room: “Creating Community Through Restorative Practices.”

Restorative Practices (RP) creates a community in a classroom or school in which there are high expectations for student success academically and behaviorally and where the students are given the support needed to achieve those expectations. RP is all about creating communities through fostering relationships among students in a classroom and relationships between students and adults.

Kent Hobbs has worked in the Pocatello/Chubbuck School district for 20 years as a teacher, building administrator and district administrator in addition to working in other school districts previous to that tenure. His current assignment is Director of Student Support Services. One of the responsibilities of that office is to deal with student discipline that cannot be handled solely at a school level.

Payette Room: “Working the ASCA Model.”

Participants will learn why the ASCA Model is so important, and how it can be used with limited counselor time. Participants will also understand how to help administration “buy into” the model, and how to implement and evaluate their school counseling program.

Angela Robinson is an Adjunct Professor in the Counseling and Education Departments at BSU. Her work in Tucson, AZ with Dr. J. Bowers, co-author of the ASCA Model, has provided her with expert insight into ASCA.

Lochsa Room: “Gifted Kids.”

Counselors typically don't learn about the development of gifted individuals in graduate schools yet are likely working with gifted students or their gifted parents. This session will address characteristics, development, social and emotional needs, and counseling needs of gifted individuals. Presentation will include extensive resources for further study.

Julie Myers has provided counseling, supervision, and consulting services in community mental health, government, and not-for-profit agencies as well as private practice. She has served as treasurer and president of the Idaho Mental Health Counselors Association. She currently maintains a private counseling and supervision practice in Boise.

Salmon Room: "Ethics Part 1."

This presentation will include lecture, discussion and case scenarios of current ethical issues in school counseling. Participants will process legal and ethical concerns and practice consulting on ethical issues in school counseling.

Curtis Garner Ed.D. is a licensed clinical professional counselor in Idaho. He also holds an Idaho PPS certificate in school psychology and school counseling. Dr. Garner is Professor of Counselor Education at Northwest Nazarene University. His current research interests include spirituality and supervision as well as counseling student disposition assessment.

Friday, October 2nd : Breakout Session #6, 2:00 – 3:15

Stillwater Room: "ACT Executive Briefing."

Participants will learn about new updates to ACT including enhanced writing test and writing scores, new readiness scores and indicators (including STEM), revised score reports and profile reports, data file record layout changes and accommodations name change.

Dr. Dick Moody, ACT senior account executive for Idaho, Oregon, Washington, and California, has nearly a decade of work with assessment and educational technology, and over two decades of work in educational programs and policy at the regional, state, and national levels

Clearwater Room: "Mindfulness: Helping Us Help Our Students."

Mindfulness and being present in the moment are significant to improving focus and enhancing performance - whether it be academics, athletics, creative expression, relationships or career. With some simple tools and practice you can improve your own ability to be in the moment. You will also be able to teach these skills to your students to improve those factors.

Jodi Hickenlooper has been a teacher, coach and school counselor in the Treasure Valley. In 2013 she completed a graduate certificate program in Sports Counseling. She has her own private practice office in Boise.

Payette Room: "The Grump Meter: A Tool for Self-Regulation and Anger Control."

Participants will learn about the Grump Meter, a visual tool for self-regulation and anger control. They will see Grump Meters, make their own Meters, engage in art exercises for understanding and practice, discuss, and leave with tangible ideas for implementation.

Robin Raine has been a teacher and junior high and elementary school counselor. She leads anger management, conflict resolution, and coping skills groups for children, runs summer groups for children in need, supports families through counseling and coping skills training, and supervises graduate social work and school counseling students. **Janet Kaufman** has a Ph.D. in English from the University of Iowa. She founded and, for ten years, directed the Family Literacy Center in Salt Lake City. Her recent research has focused on an elementary school community implementing the Grump Meter, where she has collaborated with a team involving a social worker, elementary school counselor, principal, and the Utah State Office of Education.

Lochsa Room: "More Than A High Five: The Art of Connection."

Connection is an art. In this session, participants will identify the barriers that prevent connection, create an atmosphere that fosters student to student relationships, establish stronger more meaningful connections with students and understand the importance of proactive youth development.

Corey Crownhart is the Director of Programs with Idaho Drug Free Youth. Committed to making his community a thriving place for youth, he has consistently dedicated himself to causes closest to his heart. With iDFY, Corey facilitates in-school assemblies across the state. **Rio Harris** is the Director of Community Engagement for Idaho Drug Free Youth. Her passion for giving youth a voice through a positive drug-free, artful lifestyle keeps her going.

Salmon Room: "Ethics Part 2."

Session description and **Curtis Garner** bio listed above