ISCA ISPA 2016

October 6th & 7th
Riverside Hotel, Boise, ID

CELEBRATING RELATIONSHIPS
PARTNERING FOR STUDENT SUCCESS
KEYNOTE SPEAKERS

Julia V. Taylor, Ph.D., is a Counselor Educator at the University of Virginia in Charlottesville, VA. Prior to pursuing a career in academia, Taylor worked for eight years as a K-12 school counselor, and two years as the dean of a public girls’ school.

Taylor is author of The Body Image Workbook for Teens, The Bullying Workbook for Teens, Salvaging Sisterhood, G.I.R.L.S: Group Counseling Activities for Enhancing Social and Emotional Development (G.I.R.L.S. is two separate curricula, one for secondary ages, and another for elementary ages), and a children’s book, Perfectly You. Taylor has a passion for helping girls to develop a true sense of self, stand up to unrealistic media expectations, take healthy risks, and cultivate meaningful relationships.

When not working, she enjoys yoga, running, writing, and spending time with friends and family in Brooklyn, NY - her home away from home.
Dr. John Kelly, NASP President Elect, is a school psychologist with 30 years in experience working in the public school setting. He is the President-elect of the National Association of School Psychologists.

John has a long history of school psychology leadership at the local, state, and national levels. Most recently John has been NASP GPR chair and is currently a member of the Board of Directors as the Strategic Liaison for Professional Development. He also has had numerous leadership positions on the NYASP and Suffolk County Psychological Association Boards.

John obtained his MA in School Psychology in 1985 from Hofstra University, followed by his PhD in 1988. He has been a school psychologist for the Commack (NY) Public School District since 1986.
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Thursday Breakout Sessions

10:45-12:00 Ballroom - Dr. Julia V. Taylor - Self Harm, Suicide, and Social Media: Helping Students Ask for Help.
We are hearing more and more about students who self-harm, contemplate, and complete suicide reaching out to others via social media. How can school counselors intervene? What is our role? How do we help students ask for real-time help? This session will provide eye-opening insight into the darker side of social media and engage participants in a collaborative discussion about how to help students, parents, and other educators.

10:45-12:00 Aspen – Angela Robinson and Josh Lane - RAMP Your ASCA Program
Why seek RAMP? What is ASCA? Vallivue High School-- is the FIRST school in Idaho to receive the National Award. Counselor, Connie Benke shares the experience with School Counselors. Learn the importance of working an ASCA Model Program, how it aligns with your school’s goals and supports the role of the School Counselor for Administrators, School Boards, Parents, Students and all stakeholders.

10:45-12:00 Opal - Beth Varner - Unlocking the Mysteries of WJ IV Oral Language Battery
This session will provide demonstration and overview of the Woodcock-Johnson IV Oral language battery. Attendee questions will be highly encouraged.

10:45-12:00 Cinnabar - L. Harv Nelson and Greg Billups - Idaho Youth Challenge Academy
Three Years Building Relationships and Young Citizens: Session provides an overview of the IDYCA, its partnership with Idaho high schools and impact on students completing the program. Topics include IDYCA eight core components, mentor program, vocational initiatives, community job skills involvement, successes, challenges and the benefit of a quasi-military environment.

10:45-12:00 Liberty - Dr. Katie Bubak and Jennifer Tachell - PBIS: The Basics
This session will provide attendees with an introduction and overview to the basic building blocks of Schoolwide Positive Behavioral interventions and Supports (SWPBIS). SWPBIS is a framework or approach comprised of intervention practices and organizational systems for establishing the social culture, effective learning and teaching environments, and individual behavior supports needed to achieve academic and social success for ALL students.

1:30-2:45 Ballroom - John Kelly - School Psychologists and School Counselors: Working Together to Provide Mental Health Services for Students in School.
This presentation will introduce the participants to a Multi-Tiered System of Support framework for providing mental health services in schools. The role of the school counselor and school psychologist will be discussed.

1:30-2:45 Aspen - Angela Robinson and Josh Lane - CTE Counselors Tracking Education
School Counselors are IMPERATIVE to the success of ALL students-- Academic, Career/College Readiness & Social/Emotional (soft skills) development. Track the journey with us from Middle School -- a Career Plan, Interest Inventories & 4-Year Plan and continue the journey through High School to a Career Path, monitoring & adjusting the 4-Year Plan-- to Graduation, Career/College Readiness--and Beyond.

1:30-2:45 Opal - Sara Scudder - CIS: An Integrated Partner for All
A look at the Career Information System and how it can help organizations. A discussion on components that can help one partner with another, and encouragement to discuss how attendees can help partners in the session by using CIS.

1:30-2:45 Cinnabar - Tina Polischuk and Matt McCarter - Advising with Advanced Opportunities
Advanced Opportunities is continuing to increase the number of students who are exploring creative pathways to post-secondary opportunities. Learn to help students maximize their options.

This session is designed for middle and high school counselors who have a desire to better assist their students with the college financial aid process. We will describe changes to the 2017-18 FAFSA, provide best practices for helping students navigate the financial aid process, and give examples of successful partnerships between schools and outside organizations that help students access funding for training beyond high school.

1:30-2:45 Liberty - Judy Gabert - Build Relationships, Build Strength PART I
Sources of Strength is a best-practice program proven to reduce all types of risky behavior in youth, including suicidal intent. Learn about youth suicide in Idaho and about this program and why it is important to Idaho’s youth.
Thursday Breakout Sessions Cont’d

3:00-4:15 Ballroom - Katie Bubak - **Bullying Prevention in Idaho.** The presence of bullying behavior in schools can seriously affect the overall school climate and the success and mental health of all students and faculty. The National School Safety Center called bullying the most enduring and underrated problem in U.S. schools. The session will explore the rationale for addressing bullying prevention, the correlation between academic and behavioral success, Idaho students’ perception of the dynamic, and the current regulations set for all Idaho educators in relation to addressing the issue.

3:00-4:15 Aspen - David Chehey - **Chakras and Mudras and Yamas, Oh My! A Mindful Approach to Seeking Balance, Empowerment, and Happiness.** Discover how chakras, Hindu deities/archetypes, yamas [codes of conduct for harmonious living], and “The Four Aims” can enhance personal wellness along with generating a unique and powerful framework in working with students, clients, and colleagues.

3:00-4:15 Opal - Danielle Teuber - **In Their Shoes -- Teen and Dating Violence.** In Their Shoes: Teens and Dating Violence is an interactive, scenario-based training designed to help kids talk about what dating is like for today’s teens, from their perspective. Participants will become teen characters (based on actual experiences), walk in their shoes to make choices about their relationships. In Their Shoes provides a snapshot of unhealthy teen dating relationships and generates discussion about what is happening in those relationships and what opportunities exist to support those experiencing them. Danielle is a Victim Witness Coordinator for the Boise Police Department.

3:00-4:15 Cinnabar - Janet Kaufman - **The Grump Meter Goes to School: Self-Regulation to Create Connectedness and Safety.** Participants will learn about the Grump Meter, a visual tool for self-regulation and anger control. They will make their own Meters, engage in art exercises for understanding and practice, discuss, and leave with tangible ideas for implementation.

3:00-4:15 Clearwater - Alison Lowenthal - **What is Career Readiness? How Vocational Rehabilitation Can Help.** Information in job exploration counseling, work-based learning, counseling on postsecondary educational opportunities, workplace readiness, and self-advocacy instruction. High schools will learn about opportunities to partner with Vocational Rehabilitation to provide these services to students receiving 504 services or on IEPs.

3:00-4:15 Liberty - Judy Gabert - **Build Relationships, Build Strength PART II.** Sources of Strength is a best-practice program proven to reduce all types of risky behavior in youth, including suicidal intent. Learn about youth suicide in Idaho and about this program and why it is important to Idaho’s youth.

Friday Breakout Sessions

9:45-11:00 Ballroom - Dr. Foster Cline - **Effective Responses with Permissive or Punitive Parents and Their Troubled Teens.** Reaching difficult parents and problem teens. Parents are reachable when given the right skills, tools, and techniques. Adolescents generally recognize their issues, and contract for change when offered judicious amounts of confrontation, hope and encouragement. Video examples are used in this "laugh and learn" Love and Logic presentation.

9:45-11:00 Emerald - CD Breshears - **Finding Purpose and Igniting Passion** Counselors and teachers are amazing at what they do, our front line troops in a fight to excite kids and prepare them for post-secondary education and life after high school. This presentation will focus on "how" to ignite passion in kids that feel like a number inside the standard education system.

9:45-11:00 Cinnabar - Caty Solace - **Journey to Career** Discover new ICTE resources to help you market CTE. Explore Idaho SkillStack, IPTV: Journey to Career, Career Atlas, the new ICTE website, and more. Learn how to tell the CTE story to reach new students.

9:45-11:00 Clearwater - Dr. Sherawn Reberry and Jeff Simmons - **College and Career Readiness** College and Career Readiness: With the current legislation regarding college and career readiness IDLA would like to share with participants the different resources available for students, parents and teachers. The presenters will share available opportunities that await students for college and career readiness.

9:45-11:00 Liberty - Stephen Hill - **Crash Course for Improving Social Skills with ADHD & Mild Autistic Spectrum Students.** Session will briefly review contemporary research on students' social skills but then emphasize collaborative small group sharing of best strategies assisting ADHD & ASD students.
Friday Breakout Sessions Cont’d

12:30-2:00 Ballroom - Curtis Garner - School Counseling Ethics
A combination of lecture, discussion, and case presentation provide the school mental health worker with opportunities to apply ethical codes to common ethical dilemmas encountered when counseling in a K-12 setting.

12:30-1:45 Emerald - Jordyn Neerdaels - Bring the Village Together for Career Development
This session will combine highlights from the Idaho Career Information System's User Needs research study and share best practices that members from the community can participate in to strengthen college and career aspirations for our youth. Attendees will get a first-hand look at what students and their parents around the state are saying they need in order to better prepare for life after high school and the ways you can inspire your community "village" to help them succeed!

12:30-1:45 Cinnabar - Kelly Hall - Google and Special Ed (Spoogle?!): 60 Tools and Tips in 60 minutes (with 15 minutes to spare). Buckle your seat belts for a fast paced, engaging and hopefully humorous session on a variety of Google tools and tips that will enable you to work more efficiently and effectively to serve your students together! Gmail, Calendar, Forms and Docs used effectively can actually give you more time in your work day to focus on the important people in your job - students!

12:30-1:45 Clearwater - Chuc Diemart - Music and the Mind: Incorporating Music Into Your School Counseling Program. An introduction into using music to improve your counseling curriculum, small groups, or individual meetings. Attendees will leave with an idea of how they can incorporate music into curriculum and reach a deeper level with students as well as provide them with another tool of expression.

12:30-1:45 Liberty - Rhyan Garcia, Amber Dillon - School-Based Group Activity/Play Intervention for Preadolescents. Group Activity/Play Intervention for preadolescents is an evidenced-based intervention to address internalizing and externalizing behavior problems within a school setting. It is supported by research, developmental and theoretical rationales, as well as being ethically and culturally responsive.

2:00-3:30 Ballroom - Curtis Garner - School Counseling Ethics
A combination of lecture, discussion, and case presentation provide the school mental health worker with opportunities to apply ethical codes to common ethical dilemmas encountered when counseling in a K-12 setting.

2:00-3:15 Emerald - Lisa Fisher - Admissions by Design: Rethinking the Prevailing Approach to College Admissions. Lisa Fisher, best-selling author of Admissions by Design, will outline practical tools to reframe the college admissions process to one of an inspired and authentic journey toward self-discovery. Incorporating the latest research in brain science and human development, this session will help audience members to rethink the prevailing approach to college admissions.

2:00-3:15 Cinnabar - Mike Mitchell - PERSI: Ready, Set, GO! Planning for Retirement
Designed for those that are mid-career or later who are now starting to consider what retirement means to them and the benefits PERSI offers.

2:00-3:15 Opal - Katie Webber - The Latest Research on Retention. Every Student Succeeds Act information and resources will also be discussed. Applicable to both counselors and psychologists.

2:00-3:15 Clearwater - Kelli Jackson - ISCA Member Business Meeting

2:00-3:15 Liberty - Bob Uhlenkott & Sara Scudder - An Introduction to JobScape
JobScape is a new, online tool from the Idaho Department of Labor used to help job seekers and students make informed educational and career decisions. JobScape provides information on jobs, wages, educational and training programs, and degree information across Idaho.
Extend Your Professional Development with ASCA

Visit the American School Counselor Association (ASCA) exhibit booth during the conference and join or renew your ASCA membership for $99. You’ll save $30 – and get a free T-shirt as well.

Purchase any ASCA U Specialist training during the conference for only $49 (normally $99 for members/$249 for nonmembers). Trainings available include:

- Legal & Ethical Specialist
- College Admissions Specialist
- School Counselor Leadership Specialist
- Bullying Prevention Specialist
- School Counseling Data Specialist
Platinum Sponsors:

Gold Sponsor:

Silver Sponsor:

Thank you to our sponsors!
Exhibitors
Byron Yankey has been recognized as the ISCA Advocate of the Year.

He has been an outstanding spokesman and supporter for Idaho school counselors. He was instrumental in getting the 5 million dollar College and Career appropriation funded through the legislature last year for Idaho counselors and students.

Thank you Byron!
FREE!

FAFSA TRAININGS
for Counselors, Advisors, and Practitioners

☑️ October 20th
8:30AM - 9:30AM
WEBINAR:
COLLEGE AFFORDABILITY*

☑️ November 15th
8:30AM - 11:30AM
FAFSA:
COMPREHENSIVE COMPLETION FOR THE PRACTITIONER*

*Training space is limited,
see registration details on back

Brought to you by:

TVEP Treasure Valley Education Partnership

u-aspire

Lumina Foundation
COLLEGE AFFORDABILITY PLANNING
October 20th, 8:30-9:30 AM
Webinar, 1 Hour

You know the complex nature of the financial aid process from the CSS PROFILE and IRS DRT to the SAR and Award Letter Review. But how do you best set your students up for success at the beginning of their senior year? uAspire has the tools and timelines you need to walk your students through a personalized college affordability planning session. This training will introduce you to best practices for taking inventories of students’ financial situations and identifying needs custom to their special circumstances. Participants will walk away with checklists and tools to help guide these important conversations.

Space is limited! Reserve your spot here: http://goo.gl/sVDWIB

FAFSA: COMPREHENSIVE COMPLETION FOR THE PRACTITIONER
November 15th, 8:30-11:30 AM
In-Person Training, 3 Hours
West Ada Training Center, Salmon Room

Whether you think you know all you can about the FAFSA or are a beginner learning to hone your skills, this is a great look under the hood of the most frequently used financial aid form. This training will walk you through the online form, give you opportunities to practice more complex scenarios, and highlight the potential pitfalls all students and practitioners should be aware of. No matter your experience, you will learn something new!

Key highlights include: best practices for working with special student populations; dependency/independency and parental requirements; and the intersection of specific tax form lines and FAFSA questions.

Space is limited! Reserve your spot here: http://goo.gl/RkV12f

Questions?
Please Contact: Christa Rowland
crowland@idahotvep.org
(208)336-1070, ext. 122